

Belton Animal Clinic and Exotic Care Center
Feather Picking Questionnaire for Acupuncture

Does your bird show signs of any of the following? (Mark all that apply)

Frustration _____ Moodiness _____
Aggressive behavior _____ Never Relaxes _____
Relaxes sometimes _____ Describe situation when relaxes _____

Hyperactivity _____ Restlessness _____ Restless especially at night _____
Screaming _____ Territorial behavior _____ Easily startled _____
Anxiety or appears Worried _____ Sudden panic attacks _____
Lack of focus _____ Prolonged emotional sadness _____
Chronic Illness _____ Describe _____
Blood loss _____ Describe _____
Sleeps more than normal _____ Loss of interest in activities _____
Fearful _____ Trembling _____
Dry/flaky skin _____ Dull beak color _____
Itchiness/Rubbing _____ Face and neck _____ Body _____ Wings _____ Legs _____
Color changes in eyes _____, cere _____, beak _____ or feet _____ If so describe the color change: _____

Decreased appetite _____
Changes in stool _____ Soft/wet? _____ Drier? _____ Less frequent? _____ New color? _____

-How long has the feather picking been going on? _____
-What parts of the body does the bird pluck? _____ (back, legs, wings – underneath or on top, neck, chest, crop, top of keel, head)
-Does the bird use its beak or its feet to pluck? _____
-What seemed to get the feather picking started? _____

-Does your bird seek heat (ie wants to be held close or wants to be under a blanket)? _____
-Does your bird seek to be cool (ie likes the AC vents, doesn't like to be held close, pants or open mouth breathes when warm) _____
-What do you feed your bird? _____
-What does your bird eat the most of? _____
-What foods does it like to eat? Hot _____ Cold _____ Wet _____ Dry _____
-What nutritional, herbal or homeopathic supplements do you provide (if any)? _____

-Have there been any changes in environment _____; schedule _____; people or pets in the house _____; diet _____
-Has your bird had any bloodwork or xrays taken in the last year? _____ In the last 2 years? _____ Ever? _____
-Strong jerky movements when plucking feathers? _____
-Grooming normally and then bites feathers? _____
-Plucking only or mostly at night? _____
-Pluck when owner present? _____