

**Belton Animal Clinic and Exotic Care Center**  
**Feather Picking Questionnaire for Acupuncture**

**Does your bird show signs of any of the following? (Mark all that apply)**

Frustration \_\_\_\_\_ Moodiness \_\_\_\_\_  
Aggressive behavior \_\_\_\_\_ Never Relaxes \_\_\_\_\_  
Relaxes sometimes \_\_\_\_\_ Describe situation when relaxes \_\_\_\_\_

Hyperactivity \_\_\_\_\_ Restlessness \_\_\_\_\_ Restless especially at night \_\_\_\_\_  
Screaming \_\_\_\_\_ Territorial behavior \_\_\_\_\_ Easily startled \_\_\_\_\_  
Anxiety or appears Worried \_\_\_\_\_ Sudden panic attacks \_\_\_\_\_  
Lack of focus \_\_\_\_\_ Prolonged emotional sadness \_\_\_\_\_  
Chronic Illness \_\_\_\_\_ Describe \_\_\_\_\_  
Blood loss \_\_\_\_\_ Describe \_\_\_\_\_  
Sleeps more than normal \_\_\_\_\_ Loss of interest in activities \_\_\_\_\_  
Fearful \_\_\_\_\_ Trembling \_\_\_\_\_  
Dry/flaky skin \_\_\_\_\_ Dull beak color \_\_\_\_\_  
Itchiness/Rubbing \_\_\_\_\_ Face and neck \_\_\_\_\_ Body \_\_\_\_\_ Wings \_\_\_\_\_ Legs \_\_\_\_\_  
Color changes in eyes \_\_\_\_\_, cere \_\_\_\_\_, beak \_\_\_\_\_ or feet \_\_\_\_\_ If so describe the color change: \_\_\_\_\_

Decreased appetite \_\_\_\_\_  
Changes in stool \_\_\_\_\_ Soft/wet? \_\_\_\_\_ Drier? \_\_\_\_\_ Less frequent? \_\_\_\_\_ New color? \_\_\_\_\_

-How long has the feather picking been going on? \_\_\_\_\_  
-What parts of the body does the bird pluck? \_\_\_\_\_ (back, legs, wings – underneath or on top, neck, chest, crop, top of keel, head)  
-Does the bird use its beak or its feet to pluck? \_\_\_\_\_  
-What seemed to get the feather picking started? \_\_\_\_\_

-Does your bird seek heat (ie wants to be held close or wants to be under a blanket)? \_\_\_\_\_  
-Does your bird seek to be cool (ie likes the AC vents, doesn't like to be held close, pants or open mouth breathes when warm) \_\_\_\_\_  
-What do you feed your bird? \_\_\_\_\_  
-What does your bird eat the most of? \_\_\_\_\_  
-What foods does it like to eat? Hot \_\_\_\_\_ Cold \_\_\_\_\_ Wet \_\_\_\_\_ Dry \_\_\_\_\_  
-What nutritional, herbal or homeopathic supplements do you provide (if any)? \_\_\_\_\_

-Have there been any changes in environment \_\_\_\_\_; schedule \_\_\_\_\_; people or pets in the house \_\_\_\_\_; diet \_\_\_\_\_  
-Has your bird had any bloodwork or xrays taken in the last year? \_\_\_\_\_ In the last 2 years? \_\_\_\_\_ Ever? \_\_\_\_\_  
-Strong jerky movements when plucking feathers? \_\_\_\_\_  
-Grooming normally and then bites feathers? \_\_\_\_\_  
-Plucking only or mostly at night? \_\_\_\_\_  
-Pluck when owner present? \_\_\_\_\_